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ariana:

"I didn't get

Ariana Grande's
slamming the rumors
— once and for all.

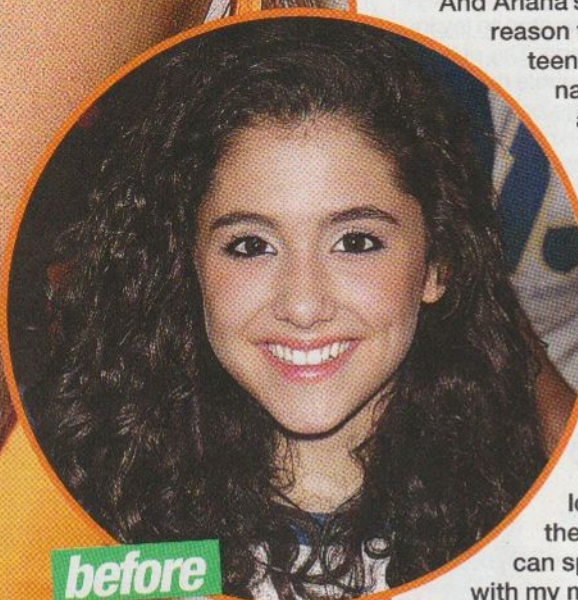
"Rumors can
be really hurtful,"
Ariana tells J-14.

The gossip swirls around celebrity blogs and fansites daily: "I think Ariana had work done — her nose looks soooo different," one so-called Ariana Grande "fan" writes. Within minutes, a stream of new comments come in, ranging from "I agree, she definitely got plastic surgery!" to "No way, Ariana would never do that." The truth is, Ariana would never dream of cosmetically altering her face — and nothing hurts her more than rumors suggesting otherwise. "No, I don't think [plastic surgery is for me]," she explains. "I plan on being a really adorable old lady and cooking for my husband and knitting for my grandchildren, which would look funny if I still had the face of a 12-year-old."

As a natural beauty, Ariana is shocked by the hundreds of people who dissect her face, trying to guess if she ever went under the knife. "I hate rumors," Ariana says.

And Ariana's right — there's no reason for them. Like any teenager, her face has naturally matured and evened out over the years.

She first booked *Victorious* when she was barely 16 years old, and now, at 20 years old, Ariana's grown into her features. Plus, Ariana's achieved a more polished look by mastering the art of makeup. "I can spend hours playing with my makeup," she shares. "I can't go anywhere without my makeup bag!"



before

In 2008, Ariana's face was fuller and she did her makeup differently — but that doesn't mean she went under the knife.

plastic surgery!"

"People are extraordinarily judgmental"

Although upsetting, the plastic surgery rumors are just one sad example of all the gossip Ariana has to deal with on a daily basis. It hurts to be called "fake" or read comments from people saying that "she'll do anything to be famous," but Ariana's doing her best to not let the negativity bring her down. "Sometimes, people can be extraordinarily judgmental and closed-minded to anyone different or special," she explains. "Which is why it's so hard for young people in this day and age to be comfortable enough in their own skin and

to not listen to the people picking on them."

If you're dealing with rumors being spread about *you*, Ariana's best advice is to block it out — and concentrate on finding your inner confidence. In fact, the singer is doing just that as you read this. "I'm trying to channel super-confident women like Alicia Keys, Mariah Carey and Beyoncé," she opened up recently.

Most of all, Ariana wants her fans to remember that rumors are sometimes just an unfortunate part of growing up. People can gossip all they want, but what really matters is rising above the negativity. "Know your truth," Ariana shares. "No one can ever take that away from you."



"My self-esteem suffered," Melissa says of the surgery process.



Real Girl Melissa:

"I got a nose job at 15 ... and hated it!"

As a teen, Melissa Divanna dreamed about getting plastic surgery to fix her nose. "It was too big for my face and had a large bump," the 21-year-old recalls. "Kids teased me about it." When she turned 15, her parents allowed her to meet with a plastic surgeon, and Melissa decided to get rhinoplasty to smooth out her nose. "I was disappointed with the outcome," she tells J-14. "It was crooked and looked very unnatural." Since then, Melissa's had two more surgeries to correct her nose — and advises all teens to re-think plastic surgery at a young age. "You should be emotionally mature and have the right support system in place," Melissa explains.

before

What you need to know

■ **If you think you want plastic surgery, talk to your parents and a board-certified surgeon.** Dr. Sam Rizk, a facial surgeon in N.Y.C. explains, "If I feel after a consultation that the teen is too immature or nervous to go through with the procedure,

I will advise that they reconsider or wait another year or so until they are prepared."

■ **Do it for the right reasons.** "I would never consider performing a rhinoplasty on a teen who wanted to look like a celebrity," Dr. Rizk tells J-14. "This kind of desire demonstrates emotional immaturity and is simply unreasonable."

Stars who've dealt with surgery rumors

Sadly, Ariana's not the only one who's been labeled "plastic."



"I'm all natural!"

After people speculated that Katy Perry had a range of plastic surgery procedures, the singer set out to put the rumors to rest. "I've never had any plastic surgery," she said. "Not a nose, not a chin, not a cheek, not a [boob]."

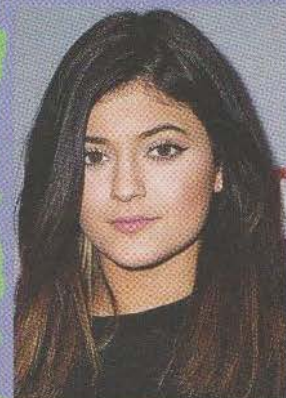
"The rumors are laughable!"

Although some whisper that Demi Lovato went under the knife for a breast augmentation, Demi laughs off the rumors completely. "I should get a boob job," she jokes. "They're like mosquito bites!"



"It's insulting!"

In April, Kylie Jenner responded to rumors that she got a nose job and lip injections. "These plastic surgery rumors hurt my feelings to be honest and are kinda insulting," she said.



"It's not true!"

In 2012, Taylor Swift was hit with a barrage of rumors that she underwent surgery to enhance her breasts. After tons of online speculation, her rep was forced to respond, telling blogs that "it's not true."

