

Summer Is Apparently the Season for Teen Plastic Surgery

64,000 teens go under the knife every year, and many do it over summer vacation.



BY HANNAH ORENSTEIN

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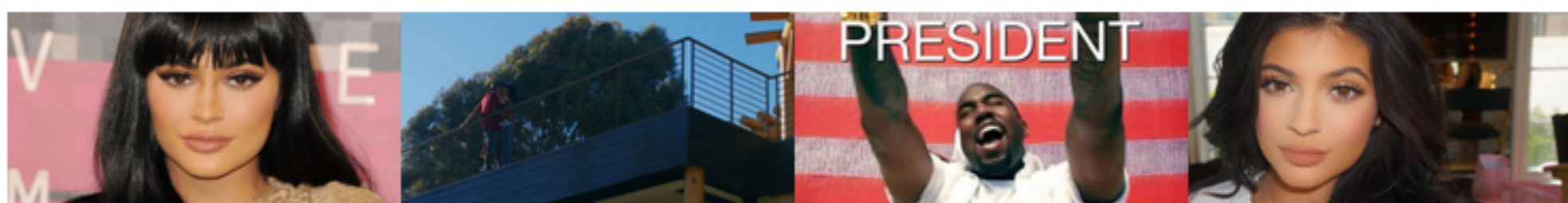
Plastic surgery, like most surgeries, requires serious recovery time, so it's no wonder that students rarely opt for it during the school year. And according to the *NY Daily News*, summer is the peak season for teen plastic surgery because the long vacation allows for both secrecy and recovery time. About 64,000 teens go under the knife each year, according to the *American Society of Plastic Surgeons*, and most of that work is done over summer vacation.

"I don't plan to tell anyone," one anonymous 17-year-old who got breast implants in June told the *NY Daily News*. "People go through so many changes at my age, anyway, they may not notice... I just feel so much happier now, more comfortable in my own skin."

Dr. Matthew Schulman, a surgeon who now fields 10 requests a week from girls looking for fuller lips, **says** that teen plastic surgery has skyrocketed over the past five years.



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Christine, 16, opted for a nose job after years of being bullied for her looks. She broke her nose several times as a kid while playing soccer, basketball, and softball, calling it "mangled and bumped."

"Everyone always used to make fun of me," she **said**. "...People always had to remind me that my nose was so screwed up."

Ariel Winter, 17, and Kylie Jenner, then 17, both recently made news for their plastic surgeries: **Ariel** had a breast reduction and **Kylie** had lip fillers. And Iggy Azalea, 25, opened up to *Seventeen* this month about her nose job and breast implants, **saying** that "denying it is lame."

Not everyone is a good candidate for plastic surgery, and some doctors won't perform certain procedures on young patients. **Dr. Sam Rizk**, a surgeon who specializes in nose jobs, regularly turns away patients who aren't mature enough to handle the process or who don't "really need anything done."

Plastic surgery is expensive and potentially risky, so it's definitely not something to go through with unless you've seriously considered all of the possible outcomes, both positive and negative.

"Your perception of yourself can change a lot over time," Iggy explained, "so I think it's important to wait and make sure it's the right choice."

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