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Plastic surgeon believes Jen Aniston had a major procedure on her face



[Jennifer Aniston](#), known for her role in "The Morning Show," has been under the scrutiny of viewers and critics alike, with many suggesting that she has had cosmetic work on her face. Dr. Sam Rizk, a celebrity facial plastic surgeon, seems to agree with these assessments.

The surgeon believes that Aniston has undergone surgical procedures to enhance her appearance.

Specifically, he points to a "deep plane facelift" that would address her cheeks, jowls, and neck, as well as "blepharoplasty," a surgery to reduce excess skin around the eyelids.

Dr. Rizk notes that these procedures are common among mature women, particularly in their early 50s, to achieve a more youthful and rejuvenated look.

The backlash on social media

Comments on X and social media platforms express concerns about her appearance, with some stating that her face looks "unrecognizable" and "weird."

"I'm watching the new season of 'The Morning Show' & I can't get past [Jennifer Aniston's](#) face! What did she do? . . . made it almost unrecognizable & weird," wrote one user.

"She looks like a freak, I can't watch her anymore and I used to LOVE Jennifer Aniston. Getting 'work done' and messing up your face are not the same thing," one more stated.

It's worth noting that while some may criticize her choices, others admire her natural beauty and encourage her not to feel compelled to change her appearance.

"I just want Jennifer Aniston to know that she's beautiful and she doesn't need to improve/de-age her face the way she has," wrote an admirer.

Just a nose job?

The "[Friends](#)" alumna has had a history with cosmetic procedures. In 2007, she revealed that she had a nose job to correct a deviated septum. In 2018, she underwent a second surgery to rectify something that went wrong with the first one.

Despite these experiences, Aniston has publicly expressed her resistance to more extensive cosmetic enhancements and has criticized the pressure in [Hollywood](#) to maintain an ageless appearance.

As the debate continues regarding Jennifer Aniston's appearance, she has not yet responded to the comments and speculations.