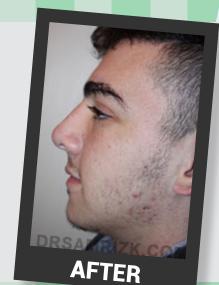
CLASS OF 2016



A.J.* **BEFORE:** Lacrosse team manager; AV squad. "Stay hungry. Stay foolish."

-Steve Jobs.



A.J.* **AFTER:** Lacrosse team midfielder; honor roll. Voted Most Likely To Succeed. "Don't be afraid to fail. Be afraid

#Harvardhereicome

not to try."

S.G.*

E.E.*

S.A.*

J.S.*



S.G.* **BEFORE:** Yearbook staff; French Club; Assistant set designer for Spring 2016 musical, Grease. Taylor Swift fan club member.



AFTER: Yearbook editor; cheerleader; chorus member. Played Betty Rizzo in Grease, Spring 2016 Musical. Voted Best Laugh. "Nothing is impossible, the word itself says I'm possible!" -Audrey Hepburn



magineThePossib

E.E.* **BEFORE:** Math club; Girls basketball manager.



AFTER: Captain and MVP, girl's varsity basketball team. Voted Most Likely To Win An Olympic Medal. Honor roll. #HowDoYouSpellValedictorian "Do not go where the path may lead, go instead where there is no path and leave a trail." - Ralph Waldo Emerson





BEFORE: Yearbook staff; music appreciation club. "I wanna see you be brave." - Sara Bareilles



Prom Queen; honor roll. Voted Biggest Flirt And Best Hair. "Say what you wanna say and let the words fall out." - Sara Bareilles



J.S.* **BEFORE:** Science club, assistant editor of school newspaper.



AFTER: Peer-to-peer counselor; President and Founder, No Bully Club; Vice President, student council; co-captain, girls varsity volleyball. "When they go low, we go high."- FLOTUS Michelle **Obama**



SAM S. RIZK, M.D., F.A.C.S. MANHATTAN FACIAL PLASTIC SURGERY

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Tuesday, August 30, 2016

New Infographic Allows Teens to #ImagineThePossibilities

Dr. Sam Rizk Pioneers Game-Changing, Rapid Recovery Rhinoplasty Techniques For Teens

New York, NY (PRWEB) August 29, 2016

Back to school beauty takes on a whole new meaning in the age of Instagram. Bullying and image over-load via social media can spawn insecurities that have a major impact on formative years, and beyond.

A study conducted by the American Academy of Facial Plastic and Reconstructive Surgery(AAFPRS) indicates that the main feature that comes under fire is the nose – making it the most requested surgical procedure among teens year after year. With its prominent position front and center on the face, the nose tends to be the prime target for self-scrutiny and bullying.

Manhattan facial plastic surgeon Sam Rizk, MD, FACS, sees these teens walk through his door all the time wishing to end bullying from their peers.

"When done for the right reasons, a rhinoplasty can give teens the confidence boost they need to excel in academics, friendships and extracurricular activities without being over-shadowed by appearance insecurities," said Dr. Rizk. "The key is to reestablish facial balance while maintaining a natural result."

The nose is the most prominent feature on the human face, so even a small change can affect a person's appearance in a big way. A beautiful nose is a natural one that complements and fits harmoniously with the other facial features.

Dr. Rizk, a global innovator in facial plastic surgery, pioneered the use of high-definition three-dimensional endoscopic telescopes to better visualize the structures of the nose and perform a more precise surgery. The increased accuracy results in a more efficient procedure that requires no stitches, less bruising and scarring and one-third the recovery time of traditional surgeries.

Rhinoplasty can be an emotionally and physically gratifying operation in teenagers. However, before Dr. Rizk accepts any new teenage patient, he collaborates with families to ensure that teens and parents are aligned. Teenagers who undergo surgery with Dr. Rizk do very well and leave with a perfectly functioning, natural looking nose. Recovery in teens is fast. Not only do they heal more rapidly than adults, but their skin is more elastic. This means they achieve better results sooner than adults.

#ImagineThePossibilites

About Sam Rizk, MD, FACS
Sam Rizk, MD, FACS, is a double board certified New York City facial plastic surgeon and Director of

Manhattan Facial Plastic Surgery, a JCAHO accredited surgical suite on Park Avenue. Dr. Rizk is a recognized expert on the latest advances and techniques in facial plastic surgery. He is a leader in secondary rhinoplasty, nasal reconstruction and repairing nasal defects for all skin types and ethnicities. Dr. Rizk has been selected for Castle Connolly's Best Doctors NY-Metro Area for Facial Plastic Surgery, and is a frequent presenter at AAFPRS, AACS, and FACE Ltd. http://www.drsamrizk.com