

A Lift Could Be Key to Plump Lips

By Staff Editor

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(HealthNewsDigest.com) - We lift our eyes, boobs and butts, but what about our smiles? Lips are having a major moment. More focus is being placed on our puckers. But what if yours is (quite literally) bringing you down?

"Our lips age just as we do, and they begin to lose their definition and plumpness," says Manhattan facial plastic surgeon **Sam Rizk, MD, FACS**. "As one of our primary facial features, these changes can make us look sad, angry and unbalanced as lips lose volume."

To restore a more youthful diamond shape Dr. Rizk has developed a revolutionary Lip Lift procedure and put the plump back in an off-balance pucker.

Types of Lifts include:

- **Gull-wing lip lift.** Performed to extend the border of the lip. This type of lift involves a "gull-wing" (M-shaped) incision along the vermilion (border) of the upper lips.
- **Bull-horn lip lift.** The bull-horn lip lift is performed to shorten the distance between the upper lip and the nose. During this type of lip lift, the incision is placed at the base of the nose.
- **Corner lip lift.** This lip lift procedure involves an incision at the oral commissures (corner) of the upper lip. It is performed to correct a drooping outer corner of the mouth, which can result in a "sad" appearance.
- **Italian lip lift.** The Italian lip lift is similar to the bullhorn lip lift except that it involves two incisions at the base of each nostril instead of one long one.