

THE FACELIFT OF THE FUTURE

By Dr. Sam Rizk



Facelifts have come a long way, baby. Facelifts today no longer carry the windblown, bulging-eyed look of yesterday's obvious work. Today, they are done to enhance a patient's youthful appearance- lightly encouraging a more rested, uncomplicated look without social stigma or obvious scars.

Patients seeking the plump, smooth skin of their youth can find the newest generation of facelift: the Stem Cell Facelift. When used in conjunction with 3D high-definition technology, the result is a youthful glowing face with appropriate definition coupled with rapid recovery.

Today, a pioneer of facelift surgery, Dr. Sam Rizk (www.dr.samrizk.com), a double board certified New York facial plastic surgeon, gives each patient a unique and tailored approach, returning them to their youth without obvious signs that a surgeon has been involved.

A stem cell facelift refers to a two-part procedure: a modified deep facelift using 3D teleopic technology, plus fat grafting, where the patient's own fat (harvested from the tummy or hips) is injected into facial areas that need fullness. With this procedure, Dr. Rizk is able to address the two main problems of aging:

- Sagging neck and jowls (facelift)
- Volume loss to fill out fat-depleted areas (cell enhanced fat transfer)

Using your own fat is superior to synthetic fillers, says Rizk, because it lasts longer (50 percent of the injected fat lasts for five years), and because it is the patient's own tissue, there is no risk of allergic reaction. There is also evidence that fat contains adult stem cells, so Dr. Rizk believes fat transfer may also enhance the skin's metabolism to rejuvenate skin. Long-term, they encourage cells to regenerate younger skin.

By incorporating his rapid recovery techniques, patients can be socially presentable within a week. Dr. Rizk uses his proprietary 3D high-definition camera system throughout the facelift incisions around the ears to enhance visualization of the face and neck structures and increase precision and safety. Dr. Rizk lifts sagging, deep tissue within the muscle, repositioning it where it once was during youth. Patients receive natural definition along their jaw line and minimal scarring, a result that appears untouched by man because the tight windblown facelifted look is a thing of the past.

With before and after photos, Dr. Rizk is available to talk about the cutting-edge science behind stem cell facelifts and cell enhanced fat transfers, including how they work and current research he is performing. He can talk about the criteria for the ideal patient for the procedures and the short- and long-term results and downtime to be expected.

About Dr. Sam Rizk

NYC Facial Plastic Surgeon, Dr. Sam Rizk is an internationally recognized expert on the latest advances in facial plastic surgery techniques and has written and lectured extensively on current concepts. He is known for his expertise in the most advanced techniques in facelifts, necklifts, eyelid surgery and nose reshaping. He is a double board certified facial plastic surgeon and Director of Manhattan Facial Plastic Surgery, PLLC, a JCAHO accredited surgical suite.