

Zac Efron's Heavily Altered Face Might Finally Have an Answer by Plastic Surgeon That Brings Fans' Worst Nightmare Come True

fandomwire.com/zac-efrons-heavily-altered-face-might-finally-have-an-answer-by-plastic-surgeon-that-brings-fans-worst-nightmare-come-true

November 12, 2023



In Hollywood's dynamic landscape, Zac Efron's transition has stirred speculation and worry among fans. His previously boyish charm now displays a noticeable transformation, prompting questions about the role of plastic surgery. Recently, a renowned plastic surgeon has surfaced with revelations that may unravel fans' worst nightmares.



Zac Efron as Kevin Von Erich

Read more: ["His face doesn't even move anymore": Zac Efron's Changed Jawline After an Accident Concerns His Fans](#)

Is the 36-year-old's significantly altered appearance a consequence of exploring the world of Botox and cosmetic procedures? Before exploring this, let's examine Efron's perspective on the matter.

Zac Efron Spoke Out About Plastic Surgery Speculations



Zac Efron in 17 Again

Read more: [Zac Efron's Salary in Hit Disney Franchise Increased 50X in Just 2 Years, Was Reportedly Earning \\$5M by The Time He Was 21](#)

Amid the swirling rumors enveloping his appearance, [Zac Efron](#) previously addressed the pervasive speculations regarding plastic surgery. Breaking his silence in an interview with Men's Health, Efron clarified that changes in his face shape were a result of a jaw injury and subsequent physical therapy.

Efron catapulted into the public eye in April 2021 after a notable Earth Day special appearance alongside scientist Bill Nye. The event sparked a digital discourse termed Jaw-Gate, with discussions ranging from Botox and fillers to implants and dental surgery.

The actor recounted to [Men's Health](#) a household accident in which he slipped and collided with a granite fountain, resulting in a broken jaw. Collaborating with a physical therapy specialist during recovery, Efron revealed that certain facial and jaw muscles had to exert more effort in response to the injury.

Notably, the masseters, responsible for chewing and situated on the side of the face from the cheekbone to the lower jaw, experienced significant growth.

The actor explained, *“The masseters just grew. They just got really, really big.”* This revelation injected a new layer of intrigue into the ongoing narrative, captivating fans and critics alike.

However, in an unexpected turn, an expert plastic surgeon has entered the discourse, offering insights into potential issues with Efron’s facial transformation.

Cosmetic Surgeon Discloses Complications In Zac Efron’s Facial Procedure



A pumped-up Zac Efron in Baywatch (2017)

Read more: [“Director never yelled ‘Cut’. Yeah, we went there”: Zac Efron’s Love-Making Scene With Nicole Kidman Went Wrong in \\$12.5M Movie](#)

In an unexpected turn, the plastic surgeon has unraveled the intricacies surrounding Efron’s facial procedure. He sheds light on potential complications during the transformation.

Renowned facial plastic surgeon Dr. Sam Rizk suggests that Efron, attributing his changed look to the aftermath of breaking his jaw in 2013, may have undergone additional procedures. Rizk speculates on jaw advancements, chin implants, or mandibular angle implants.

According to the [New York Post](#), he stated,

“He probably took the opportunity, in addition to correcting it, to do something better. He might have had jaw advancements where they pull the chin a little bit more forward because his chin looks a little bit more prominent. Or a chin implant or mandibular angle implants [in the lower jaw] or all of the above.”

Notably, the *Baywatch* star’s raised eyebrows indicate a potential brow lift or Botox, contributing to a more effeminate appearance. Further, the surgeon revealed,

“He always had a straight eyebrow, and now they have more of an arch. His eyebrow is a little bit higher, which indicates he had some type of brow lift or he had Botox.”

Rizk also dispels notions of natural aging, suggesting filler injections in Efron’s cheeks for enhanced volume.