

## Vertical Is the New Lift: Plastic Surgeon Sam Rizk Showcases Modern Facelift and Tissue Glue Technique That Counters Aging's Downward Pull

ME [medestheticsmag.com/treatments/article/22939040/vertical-is-the-new-lift-plastic-surgeon-sam-rizk-showcases-modern-facelift-and-tissue-glue-technique-that-counters-aging-downward-pull](https://medestheticsmag.com/treatments/article/22939040/vertical-is-the-new-lift-plastic-surgeon-sam-rizk-showcases-modern-facelift-and-tissue-glue-technique-that-counters-aging-downward-pull)

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The deep-plane facelift targets the SMAS—a layer of tissue and muscle underneath the skin, unlike traditional facelifts that pull the skin or manipulate only the SMAS in a superficial way. The deep-plane facelift lifts the skin, SMAS and facial fat pads together as one unit.

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Sam Rizk, MD, FACS, recently performed his signature vertical deep plane facelift at the 59th Annual Baker Gordon Educational Symposium, demonstrating the advantages of vertical facelifts over traditional horizontal methods that often create a "pulled" appearance. He highlighted the use of tissue glue in his upward technique instead of traditional drains to prevent fluid buildup beneath the skin flaps.